WHAT IS CLAIMED IS:

1	 A method for adding a participant to a
2	conference call, said method comprising:
3	in response to a multipoint controller receiving a
4	request to extend an invitation to an ongoing
5	conference call to a first terminal:
6	establishing a Call Optimization Application
7	(COA) channel between a Multipoint
8	Controller-Call Optimization Application
9	(MC-COA) and a Call Optimization
10	Application co-resident with the first
11	terminal (Terminal-COA), said establishing
12	a COA channel effected via instant
13	messaging following an address resolution;
14	exchanging cost information data between the
15	Terminal-COA and the MC-COA;
16	determining an optimal media transport channel
17	origination strategy in response to the
18	cost information data;
19	sending the Terminal-COA an invitation to join
20	the conference call, said invitation
21	having associated information consonant
22	with the optimal media transport channel
23	origination strategy;
24	receiving, with the MC-COA, a message from the
25	Terminal-COA containing human user input
26	received in response to the invitation to
27	join; and
28	responding to the message containing the human
29	user input.

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1	2. The method of Claim 1, wherein said
2	establishing a Call Optimization Application (COA)
3	channel further includes:
4	obtaining a connection address of the terminal to be
5	added; and
6	associating the connection address with a non-media-
7	transport-channel-supporting connection
8	address, wherein the non-media-transport-
9	channel-supporting connection address includes
10	an instant messaging service identifier.
1	3. The method of Claim 1, wherein said
2	establishing a Call Optimization Application (COA)
3	channel further includes:
4	establishing an instant messaging connection.
1	4. The method of Claim 1, wherein said exchanging
2	cost information data between the Terminal-COA and the

MC-COA further includes:
gathering, with the Terminal-COA, cost information
related to the first terminal originating the

media transport channel.

- 5. The method of Claim 1, wherein said exchanging
 cost information data between the Terminal-COA and the
 MC-COA further includes:
 gathering, with the MC-COA, cost information related
 to the multipoint controller originating the
 media transport channel.
- 1 6. The method of Claim 1, wherein said exchanging cost information data between the Terminal-COA and the MC-COA further includes:

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4	sending, over the COA channel, cost information
5	related to the first terminal originating the
6	media transport channel.

- 7. The method of Claim 1, wherein said determining
 an optimal media transport channel origination strategy
 in response to the cost information data further
 includes:
 the multipoint controller comparing cost
 - information.

 8. The method of Claim 1, wherein said sending the
 - with the optimal media transport channel origination
 strategy further includes:
 sending a request that the first terminal originate
 a media transport channel with the multipoint
 controller, if it has been determined to be
 most cost effective for the first terminal to

originate the media transport channel.

Terminal-COA an invitation to join the conference call,

said invitation having associated information consonant

- 9. The method of Claim 1, wherein said sending the Terminal-COA an invitation to join the conference call, said invitation having associated information consonant with the optimal media transport channel origination strategy further includes:

 sending a request that the first terminal originate a media transport channel with the multipoint controller, unless specific instructions not to
- 1 10. The method of Claim 1, wherein said sending the 2 Terminal-COA an invitation to join the conference call,

send the request have been received.

3	said invitation having associated information consonant
4	with the optimal media transport channel origination
5	strategy further includes:
6	sending a token having at least one field selected
7	from the group comprising a token ID field, a
8	conference ID field, a network address field, a
9	password field, a call initiator field, and an
LO	other conference call participants' names
1	field.
1	11. The method of Claim 1, wherein said receiving,
2	with the MC-COA, a message from the Terminal-COA
3	containing human user input received in response to the
4	invitation to join further includes:
5	receiving a message that the human user has rejected
б	the invitation.
1	12. The method of Claim 1, wherein said responding
2	to the message containing the human user input further
3	includes:
4	sending a message from the MC-COA to the multipoint
5	controller informing the multipoint controller
6	that the invitation to join the conference call
7	has been rejected.
1	13. The method of Claim 1, wherein said receiving,
2	with the MC-COA, a message from the Terminal-COA
3	containing human user input received in response to the
4	invitation to join further includes:
5	receiving a message that the human user has accepted
6	the invitation to join but has declined a
7	request to initiate a media transport channel.

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-	11. The medica of craim 10, wholesh sara responding
2	to the message containing the human user input further
3	includes:
4	sending a message from the MC-COA to the multipoint
5	controller informing the multipoint controller
6	that the multipoint controller is to originate
7	a media transport channel with the first
8	terminal, in response to the message that the
9	human user has accepted the invitation to join
10	but has declined a request to initiate a media
11	transport channel.
1	15. The method of Claim 1, wherein said receiving,
2	with the MC-COA, a message from the Terminal-COA
3	containing human user input received in response to the
4	invitation to join further includes:
5	receiving a message that the human user has accepted
б	the invitation to join and has accepted a
7	request to initiate a media transport channel.
1	16. The method of Claim 15, wherein said responding

The method of Claim 13 wherein said responding

2 to the message containing the human user input further 3 includes: 4 sending a message from the MC-COA to the multipoint

sending a message from the MC-COA to the multipoint controller informing the multipoint controller that the first terminal will be calling in "as if" first terminal were joining a "meet-me" conference call, in response to the message that the human user has accepted the request to initiate the media transport channel.

1 17. The method of Claim 15, wherein said responding 2 to the message containing the human user input further 3 includes:

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4	sending a message from the MC-COA to the multipoint
5	controller informing the multipoint controller
6	that the first terminal will be calling in and
7	authenticating itself with token information,
8	in response to the message that the human user
9	has accepted the request to initiate the media
10	transport channel.

18. The method of Claim 17, wherein the token information is unique to the first terminal and provides a security mechanism such that access to the conference call is controlled.

1	 The method of Claim 15, wherein said responding
2	to the message containing the human user input further
3	includes:
4	sending a message from the MC-COA to the multipoint
5	controller informing the multipoint controller
6	that the first terminal will be calling in and
7	authenticating itself with token information,
8	and that the first terminal desires to bill the
9	call against another entity, in response to the
10	message that the human user has accepted the
11	request to initiate the media transport
12	channel.

1	20. A system comprising:
2	means, responsive to a multipoint controller
3	receiving a request to extend an invitation to
4	an ongoing conference call to a first terminal
5	for:
6	establishing a Call Optimization Application
7	(COA) channel between a Multipoint
8	Controller-Call Optimization Application
9	(MC-COA) and a Call Optimization
10	Application co-resident with the first
11	terminal (Terminal-COA), said means for
12	establishing a COA channel effected via
13	instant messaging following an address
14	resolution;
15	exchanging cost information data between the
16	Terminal-COA and the MC-COA;
17	determining an optimal media transport channel
18	origination strategy in response to the
19	cost information data;
20	sending the Terminal-COA an invitation to join
21	the conference call, said invitation
22	having associated information consonant
23	with the optimal media transport channel
24	origination strategy;
25	receiving, with the MC-COA, a message from the
26	Terminal-COA containing human user input
27	received in response to the invitation to
28	join; and
29	responding to the message containing the human
30	user input.
1	21. The system of Claim 20, further comprising:
2	a network server computer having the system; and

3	said network server computer including at least one
4	processor and at least one memory.
1	22. The system of Claim 20, wherein said means for
2	establishing a Call Optimization Application (COA)
3	channel further includes:
4	means for obtaining a connection address of the
5	terminal to be added; and
6	means for associating the connection address with a
7	non-media-transport-channel-supporting
8	connection address, wherein the non-media-
9	transport-channel-supporting connection address
10	includes an instant messaging service
11	identifier.
1	23. The system of Claim 20, wherein said means for
2	establishing a Call Optimization Application (COA)
3	channel further includes:
4	means for establishing an instant messaging
5	connection.
1	24. The system of Claim 20, wherein said means for
2	exchanging cost information data between the Terminal-COA
3	and the MC-COA further includes:
4	means for gathering, with the Terminal-COA, cost
5	information related to the first terminal
6	originating the media transport channel.
1	25. The system of Claim 20, wherein said means for
2	exchanging cost information data between the Terminal-COA
3	and the MC-COA further includes:
4	means for gathering, with the MC-COA, cost
5	information related to the multipoint
6	controller originating the media transport
7	channel.

1	26. The system of Claim 20, wherein said means for
2	exchanging cost information data between the Terminal-COA
3	and the MC-COA further includes:
4	means for sending, over the COA channel, cost
5	information related to the first terminal
6	originating the media transport channel.
1	27. The system of Claim 20, wherein said means for
2	determining an optimal media transport channel
3	origination strategy in response to the cost information
4	data further includes:
5	means for the multipoint controller to compare cost
б	information.
1	28. The system of Claim 20, wherein said means for
2	sending the Terminal-COA an invitation to join the
3	conference call, said invitation having associated
4	information consonant with the optimal media transport
5	channel origination strategy further includes:
6	means for sending a request that the first terminal
7	originate a media transport channel with the
8	multipoint controller, if it has been
9	determined to be most cost effective for the
10	first terminal to originate the media transport
11	channel.
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1	29. The system of Claim 20, wherein said means for
2	sending the Terminal-COA an invitation to join the
3	conference call, said invitation having associated
4	information consonant with the optimal media transport
5	channel origination strategy further includes:
6	means for sending a request that the first terminal
7	originate a media transport channel with the
8	multipoint controller, unless specific

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9	instructions not to send the request have been
10	received.
1	30. The system of Claim 20, wherein said means for
2	sending the Terminal-COA an invitation to join the
3	conference call, said invitation having associated
4	information consonant with the optimal media transport
5	channel origination strategy further includes:
6	means for sending a token having at least one field
7	selected from the group comprising a token ID
8	field, a conference ID field, a network address
9	field, a password field, a call initiator
10	field, and an other conference call
11	participants' names field.
1	31. The system of Claim 20, wherein said means for
2	receiving, with the MC-COA, a message from the Terminal-
3	COA containing human user input received in response to
4	the invitation to join further includes:
5	means for receiving a message that the human user
6	has rejected the invitation.
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1	32. The system of Claim 20, wherein said means for
2	responding to the message containing the human user input
3	further includes:
4	means for sending a message from the MC-COA to the
5	multipoint controller informing the multipoint
6	controller that the invitation to join the
7	conference call has been rejected.

COA containing human user input received in response to

the invitation to join further includes:

33. The system of Claim 20, wherein said means for receiving, with the MC-COA, a message from the Terminal-

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5	means for receiving a message that the human user
5	has accepted the invitation to join but has
7	declined a request to initiate a media
3	transport channel.

34. The system of Claim 33, wherein said means for responding to the message containing the human user input further includes:

means for sending a message from the MC-COA to the multipoint controller informing the multipoint controller is to originate a media transport channel with the first terminal, in response to the message that the human user has accepted the invitation to join but has declined a request to initiate a media transport channel.

35. The system of Claim 20, wherein said means for receiving, with the MC-COA, a message from the Terminal-COA containing human user input received in response to the invitation to join further includes:

means for receiving a message that the human user has accepted the invitation to join and has accepted a request to initiate a media transport channel.

36. The system of Claim 35, wherein said means for responding to the message containing the human user input further includes:

means for sending a message from the MC-COA to the

multipoint controller informing the multipoint

controller that the first terminal will be

calling in "as if" first terminal were joining

a "meet-me" conference call, in response to the

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- 1 37. The system of Claim 35, wherein said means for responding to the message containing the human user input further includes:
- means for sending a message from the MC-COA to the
 multipoint controller informing the multipoint
 controller that the first terminal will be
 calling in and authenticating itself with token
 information, in response to the message that
 the human user has accepted the request to
 initiate the media transport channel.
 - 38. The system of Claim 37, wherein the token information is unique to the first terminal and provides a security mechanism such that access to the conference call is controlled.
- 39. The system of Claim 35, wherein said means for responding to the message containing the human user input further includes:
- 4 means for sending a message from the MC-COA to the 5 multipoint controller informing the multipoint 6 controller that the first terminal will be 7 calling in and authenticating itself with token 8 information, and that the first terminal 9 desires to bill the call against another 10 entity, in response to the message that the 11 human user has accepted the request to initiate 12 the media transport channel.

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1	40. A method for adding a participant to a
2	conference call, said method comprising:
3	in response to a multipoint controller receiving a
4	request to extend an invitation to an ongoing
5	conference call to a first terminal, attempting
6	to establish, via instant messaging services, a
7	Call Optimization Application (COA) channel
8	between a Multipoint Controller-Call
9	Optimization Application (MC-COA) and a Call
10	Optimization Application co-resident with the
11	first terminal (Terminal-COA).

41. The method of Claim 40, wherein said attempting to establish, via instant messaging services, a Call Optimization Application (COA) channel further comprises: determining that the COA channel cannot be established; and informing the multipoint controller that Call Optimization is unavailable, whereby substantially backwards compatibility with existing communications systems is achieved.

42. A system comprising:

means, responsive to a multipoint controller
receiving a request to extend an invitation to
an ongoing conference call to a first terminal,
for attempting to establish, via instant
messaging services, a Call Optimization
Application (COA) channel between a Multipoint
Controller-Call Optimization Application (MCCOA) and a Call Optimization Application coresident with the first terminal (TerminalCOA).

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- 1 43. The system of Claim 42, further comprising:
 2 a network server computer having the system; and
 3 said network server computer including at least one
 4 processor and at least one memory.
- 1 44. The system of Claim 42, wherein said means for 2 attempting to establish, via instant messaging services, 3 a Call Optimization Application (COA) channel further 4 comprises:
- 5 means for determining that the COA channel cannot be
 6 established; and
 7 means for informing the multipoint controller that
 8 Call Optimization is unavailable, whereby
 9 substantially backwards compatibility with
 - 45. A method for accepting an invitation to an ongoing conference call, said method comprising:

 receiving, with a Call Optimization Application coresident with a first terminal (Terminal-COA),

existing communications systems is achieved.

- an invitation to the first terminal to join an ongoing conference call over a Call

 Optimization Application (COA) channel established via instant messaging services; and responding to the invitation to join in response to
- human user input to an interface activated in response to the invitation.
 - 1 46. The method of Claim 45, wherein said receiving, 2 with a Call Optimization Application co-resident with a 3 first terminal (Terminal-COA), an invitation to the first
 - 4 terminal to join an ongoing conference call over a Call
 - 5 Optimization Application (COA) channel established via
 - 6 instant messaging services further includes:

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7	receiving a token having at least one field selected
8	from the group comprising a token ID field, a
9	conference ID field, a network address field, a
10	password field, a call initiator field, and an
11	other conference call participants' names
12	field.

1 47. The method of Claim 45, wherein said receiving, with a Call Optimization Application co-resident with a 2 first terminal (Terminal-COA), an invitation to the first 3 terminal to join an ongoing conference call over a Call 4 Optimization Application (COA) channel established via 5 6 instant messaging services further includes: gathering cost information related to the first 7 8 terminal originating a media transport channel with a multipoint controller; and 9 sending a message containing the cost information 10 11 from the Terminal-COA to a Multipoint-Controller Call Optimization Application (MC-12 13 COA) over the COA channel.

48. The method of Claim 45, wherein said responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

sending a message containing the human user input from the Terminal-COA to a Multipoint-Controller Call Optimization Application (MC-COA) over the COA channel.

1 49. The method of Claim 45, wherein said responding 2 to the invitation to join in response to human user input 3 to an interface activated in response to the invitation 4 further includes:

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5 activating an interface which presents at least one invitation option selected from the group 7 comprising accepting or rejecting an invitation 8 to join an ongoing conference call, accepting 9 the invitation to join the ongoing conference 10 call but rejecting an invitation to originate a 11 media transport channel, and accepting the 12 invitation to join the ongoing conference call 13 and accepting the invitation to originate the 14 media transport channel.

50. The method of Claim 45, wherein said responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

sending a message indicative of the human user input from the Terminal-COA to a Multipoint Controller-Call Optimization Application (MC-COA) over the COA channel.

51. The method of Claim 45, wherein said responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

causing, with the Terminal-COA, the first terminal to originate a media transport channel with a multipoint controller and authenticate itself as if it were a "meet-me" conference call, in response to user input indicating that an invitation to join an ongoing conference call has been accepted and that a request that the first terminal originate the media transport channel has been accepted.

52.	The method of Claim 51, further comprising:
the	first terminal authenticating itself by
	presenting token information, received by the
	Terminal-COA from the MC-COA, to the multipoint
	controller.

1	53. A system comprising:
2	means for receiving, with a Call Optimization
3	Application co-resident with a first
4	terminal (Terminal-COA), an invitation to
5	the first terminal to join an ongoing
6	conference call over a Call Optimization
7	Application (COA) channel established via
8	instant messaging services; and
9	means for responding to the invitation to join
10	in response to human user input to an
11	interface activated in response to the
12	invitation.
1	54. The system of Claim 53, further comprising:
2	a workstation computer having the system; and
3	said workstation computer having at least one
4	processor and at least one memory.
1	55. The system of Claim 53, wherein said means for
2	receiving, with a Call Optimization Application co-
3	resident with a first terminal (Terminal-COA), an
4	invitation to the first terminal to join an ongoing
5	conference call over a Call Optimization Application
6	(COA) channel established via instant messaging services
7	further includes:
8	means for receiving a token having at least one
9	field selected from the group comprising a
10	token ID field, a conference ID field, a
11	network address field, a password field, a call
12	initiator field, and an other conference call

1 56. The system of Claim 53, wherein said means for 2 receiving, with a Call Optimization Application co-

participants' names field.

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3	resident with a first terminal (Terminal-COA), an
4	invitation to the first terminal to join an ongoing
5	conference call over a Call Optimization Application
6	(COA) channel established via instant messaging services
7	further includes:
8	means for gathering cost information related to the
9	first terminal originating a media transport
10	channel with a multipoint controller; and
11	means for sending a message containing the cost
12	information from the Terminal-COA to a
13	Multipoint-Controller Call Optimization
14	Application (MC-COA) over the COA channel.

57. The system of Claim 53, wherein said means for responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

means for sending a message containing the human user input from the Terminal-COA to a Multipoint-Controller Call Optimization Application (MC-COA) over the COA channel.

58. The system of Claim 53, wherein said means for responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

means for activating an interface which presents at
least one invitation option selected from the
group comprising accepting or rejecting an
invitation to join an ongoing conference call,
accepting the invitation to join the ongoing
conference call but rejecting an invitation to
originate a media transport channel, and
accepting the invitation to join the ongoing

13		conference call and accepting the invitation to
14		originate the media transport channel.
1	59	The system of Claim 53, wherein said means for

responding to the invitation to join in response to human
user input to an interface activated in response to the
invitation further includes:

means for sending a message indicative of the human
user input from the Terminal-COA to a
Multipoint Controller-Call Optimization

60. The system of Claim 53, wherein said means for responding to the invitation to join in response to human user input to an interface activated in response to the invitation further includes:

Application (MC-COA) over the COA channel.

means for causing, with the Terminal-COA, the first terminal to originate a media transport channel with a multipoint controller and authenticate itself as if it were a "meet-me" conference call, in response to user input indicating that an invitation to join an ongoing conference call has been accepted and that a request that the first terminal originate the media transport channel has been accepted.

61. The system of Claim 60, further comprising:
means for the first terminal to authenticate itself
by presenting token information, received by
the Terminal-COA from the MC-COA, to the
multipoint controller.

1	62. A program product comprising:
2	signal bearing media bearing program code,
3	responsive to a multipoint controller receiving
4	a request to extend an invitation to an ongoing
5	conference call to a first terminal, for:
6	establishing a Call Optimization Application
7	(COA) channel between a Multipoint
8	Controller-Call Optimization Application
9	(MC-COA) and a Call Optimization
10	Application co-resident with the first
11	terminal (Terminal-COA) following an
12	address resolution;
13	exchanging cost information data between the
14	Terminal-COA and the MC-COA;
15	determining an optimal media transport channel
16	origination strategy in response to the
17	cost information data;
18	sending the Terminal-COA an invitation to join
19	the conference call, said invitation
20	having associated information consonant
21	with the optimal media transport channel
22	origination strategy;
23	receiving, with the MC-COA, a message from the
24	Terminal-COA containing human user input
25	received in response to the invitation to
26	join; and
27	responding to the message containing the human
28	user input.

63. The program product of Claim 62, wherein said signal bearing media further includes recordable media.

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2	signal bearing media further includes transmission media.
1	65. A program product comprising:
2	signal bearing media bearing program code,
3	responsive to a multipoint controller receiving
4	a request to extend an invitation to an ongoing
5	conference call to a first terminal, for
6	attempting to establish a Call Optimization
7	Application (COA) channel between a Multipoint
8	Controller-Call Optimization Application (MC-
9	COA) and a Call Optimization Application co-
10	resident with the first terminal (Terminal-
11	COA).
1	66. The program product of Claim 65, wherein said
2	signal bearing media is selected from the group
3	comprising recordable media and transmission media.
1	67. A program product comprising:
2	signal bearing media bearing
3	program code for receiving with a Call

64. The program product of Claim 62, wherein said

8 Optimization Application (COA) channel;
9 and
10 program code for responding to the invitation
11 to join in response to human user input to
12 an interface activated in response to the
13 invitation.

Optimization Application co-resident with

a first terminal (Terminal-COA), an invitation to the first terminal to join an ongoing conference call over a Call

1	68. The program product of Claim 67, wherein said
2	signal bearing media further includes:
3	said signal bearing media selected from the group
4	comprising recordable media and transmission
5	modia